





Breakfast January 2024

OPEN KITCHENS
Serving the Best

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|---|
| 8 Honey Cherrios 1oz String Cheese 1oz Apple 1/2c Fruit Cup 1/2c | 9 WG Flavored Bagel 2oz <i>With Cream cheese</i> Orange 1/2c Craisins 1/2c | 10 WG Donut 2oz Peach Apple Sauce 1/2c Banana 1/2c | 11 WG Granola 1oz Cherry Vanilla Yogurt 1oz Orange Juice 1/2c Apple 1/2c | 12 Banana Muffin 1oz Hard Boiled Eggs 1oz Pear 1/2c Applesauce 1/2c |
| 15  | 16  | 17 WG Apple Cinnamon Round 2oz Peach Apple Sauce 1/2c Banana 1/2c | 18 WG Granola 1oz Vanilla Yogurt 1oz Orange Juice 1/2c Apple 1/2c | 19 Blueberry Bread 2oz Pear 1/2c Applesauce 1/2c |
| 22 Honey Bunches Of Oats 1oz String Cheese 1oz Apple 1/2c Fruit Cup 1/2c | 23 WG Flavored Bagel 2oz <i>With Cream cheese</i> Orange Juice 1/2c Craisins 1/2c | 24 WG Donut 2oz Peach Apple Sauce 1/2c Banana 1/2c | 25 WG Granola 1oz Cherry Vanilla Yogurt 1oz Orange 1/2c Apple 1/2c | 26 WG Banana Muffin 1oz Hard Boiled Eggs 1oz Pear 1/2c Applesauce 1/2c |
| 29 Frosted Corn Flakes 1oz String Cheese 1oz Apple 1/2c Fruit Cup 1/2c | 30 WG Plain Bagel 2oz <i>With Cream cheese</i> Orange 1/2c Craisins 1/2c | 31 Apple Cinnamon Round 2oz Peach Apple Sauce 1/2c Banana 1/2c |  |  |

NOTICE: The data contained within this report and the Mosaic Back of the Housefi Menu Planning and Nutritional Analysis softw are should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substituti on without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

* All Grain/Bread items served are Whole Grain Rich.

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